



The Menopausal Transition Interface between Psychiatry and Gynecology Soares C., Warren M. (eds)

Karger Publishers announces the release of *The Menopausal Transition*, an exciting new text exploring the physical and psychological changes women experience during the menopause.

Hot flashes, night sweats, mood swings, irritability, anxiety, sleep disorders, loss of libido, weight gain, depression. Because the list of symptoms women face during their menopause is long and varied, *The Menopausal Transition* takes a multidisciplinary approach, bringing together knowledge and experience from a wide range of clinical and research settings.

Inside the book

Beginning with an overview of what a woman might expect during her menopausal transition, the authors discuss how the menopause interfaces with the aging process. Changes in female sexuality, sociocultural interactions, the impact of stressful life events and the emergence of depression are explored. There are in-depth reviews of the physiology of thermoregulation and the occurrence of hot flashes. The management of moods and anxiety is tackled with an update on hormonal and non-hormonal treatment strategies. Finally, an excellent review of the pros and cons of menopausal hormone therapies is presented.

Audience

The Menopausal Transition is essential reading for all professionals providing symptom management to menopausal women. It would also be rewarding reading for anyone involved in research into the menopause, and the editors hope it will foster new collaborations in this important field.

For more information visit www.karger.com

Soares C., Warren M.

The Menopausal Transition

Interface between Psychiatry and Gynecology

VIII + 150 p., 9 figures, 4 in color, 5 tab., hard cover, 2009

ISBN 978-3-8055-9101-0

CHF 64.00 / EUR 46.00 / USD 64.00